

CONSTELLATIONS

Generational Healing for Family & Systems Temenos in McGregor



We all inherit beliefs and behavioural patterns from our family & cultural systems.

Many of these are forged out of deep love and protection. Some are a response to trauma experienced by our ancestors in their life time. These patterns are passed down to future generations. They exist in family norms including the said or unsaid rules of belonging. They are deeply imprinted in our subconscious and influence how we perceive ourselves and the choices we make in our lives.

They are in our beliefs about who we should marry, how we handle our money, the way we treat our natural world, career choices and even the expression of our creative and spiritual lives. Even though forged out of love they may be irrelevant for the needs of our times, limit the full expression of our life or block our ability to love to our full hearts capacity. Constellations work is about healing these subconscious blocks and limitations so that we can live our lives with agency, connection and purpose.

Thursday 16th April from 10am - 1pm

Saturday 16 May from 9am - 3pm

Saturday 20 June from 9am - 3pm

Saturday 18 July from 9am - 3pm

There are 14 places available.

To book your place email nicole@naluthando.co.za or send a WhatsApp on +27 60 312 5843.

**Contribution to represent at these circles is by donation. Everyone receives in this process.
To guarantee a constellation process is R 850.**

Everyone, with an open heart, receives insights in this circle. No experience is required.

Meet your facilitator, Nicole Klassen

I work with nature, dreams, creative arts, family systems constellations and ancestral healing practices. I have a background in Communications and Executive management, am a graduate of African Constellations and the dreamweaver of the Beauty School in McGregor. I offer guided pilgrimage, retreats and processes for individuals, groups and organisations. Working with the land, I support people and projects to align to purpose, stay whole, connected and moving in the direction of love.



www.naluthando.co.za